



COVID-19 - RETURN TO CHAMPIONSHIP PROTOCOLS
RECOMMENDED PERSONAL PROTECTIVE EQUIPMENT (PPE)
HYGIENE AND CLEANING

Confédération Européenne de Pétanque
Boulodrome national FLBP, 184, chemin Rouge, L-4480 Belvaux, LUXEMBOURG

www.cep-petanque.com



CEP Championship Guidance



Maintain physical distancing
at all times



* Masks must be worn
off-terrain



Have no physical contact
on/off the terrain



Do not share equipment



Follow public health
guidelines for hygiene

* Wear masks (covering your mouth and nose at all times; The only exception for not wearing a mask, is while being outdoors and physical distancing measures are kept.

Confédération Européenne de Pétanque RECOMMENDED PERSONAL PROTECTIVE EQUIPMENT (PPE) HYGIENE AND CLEANING

Note: this protocol is subject to change, without notice. last updated - 11 June 2021

Personal Protective Equipment (PPE)

Championship hosts / organisers must make available for the use of relevant staff an adequate supply of:

- Disposable face coverings;
- Single or sessional use fluid-resistant surgical masks;
- Single or sessional use eye/face protection;
- Disposable plastic aprons;
- Disposable gloves.

Hygiene

Hosts / Organisers must make available for the use of all participants and spectators an adequate supply of:

- Hand sanitiser (at least 60% alcohol content);
- Alcohol-based wipes (at least 70% alcohol);
- Tissues;
- Face coverings.

All participants must:

- Wash or sanitise their hands regularly and frequently;
- Wear a face covering when indoors and outdoors and in close proximity to others (including when using transport), and at all times on-site, except during practice and matches, (unless physical distancing cannot be maintained);
- Catch coughs and sneezes in tissues and discard them immediately.

Cleaning

Hosts / Organisers must ensure regular and frequent cleaning.

PPE

The minimum PPE to be worn for cleaning an area after a person with symptoms of, or confirmed COVID-19 has left the setting possible is disposable gloves and an apron. Wash hands with soap and water for 20 seconds after all PPE has been removed.

If a risk assessment of the setting indicates that a higher level of virus may be present (for example, where someone unwell has spent a significant time in a particular location on-site), then additional PPE to protect the cleaner's eyes, mouth and nose may be necessary. The local public health authorities can advise on this.

Cleaning and disinfection

- A combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine, or a household detergent followed by disinfection at a dilution of 1,000 parts per million available chlorine. (Follow the manufacturer's instructions for dilution, application and contact times for all detergents and disinfectants);
- An alternative disinfectant that it is effective against enveloped viruses.

Avoid mixing cleaning products together as this can create toxic fumes. Avoid creating splashes and spray when cleaning. Any cloths and mop heads used must be disposed of and should be put into waste bags.

Laundry

When items cannot be cleaned using detergents or laundered, for example, upholstered furniture and mattresses, steam cleaning should be used.

Wash items in accordance with the manufacturer's instructions. Use the warmest water setting and dry items completely. Dirty laundry that has been in contact with an unwell person can be washed with other people's items. To minimise the possibility of dispersing virus through the air, do not shake dirty laundry prior to washing.

Clean and disinfect anything used for transporting laundry with your usual products, in line with the cleaning guidance above.

Waste

Personal waste from individuals with symptoms of COVID-19 and waste from cleaning of areas where they have been (including PPE, disposable cloths and used tissues):

- Should be put in a plastic rubbish bag and tied when full;
- The plastic bag should then be placed in a second bin bag and tied;
- This should be put in a suitable and secure place and marked for storage until the individual's test results are known.

This waste should be stored safely and kept away from children. It should not be placed in communal waste areas until negative test results are known, or the waste has been stored for at least 72 hours.

If the individual tests negative, this can be put indisposed of immediately with the normal waste.

If Covid-19 is confirmed, then this waste should be stored for at least 72 hours before disposal with normal waste.

If during an emergency you need to remove the waste before 72 hours, it must be treated as Category B infectious waste. You must:

- Keep it separate from your other waste;
- Arrange for collection by a specialist contractor as hazardous waste.

Notes



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